

opulentwellness.co.za

# OPULENT WELLNESS

SOUTH AFRICA

NURTURE YOUR WELLNESS JOURNEY

## PRODUCT COLLECTION

# NURTURE YOUR WELLNESS JOURNEY

## PRODUCT COLLECTION



At Opulent Wellness South Africa, we believe that wellness is the foundation of a life lived fully—vibrant, resilient, and brimming with possibility. Rooted in the philosophy that everyone deserves the tools to thrive, we're committed to empowering you with wellness solutions designed to enhance your journey. Our thoughtfully crafted products, enriched with nature's finest ingredients, are here to help you feel your strongest, most radiant self. Naturally.

A universal truth guides us: With wellness, you flourish. It's more than a simple notion; it's a transformative promise. Wellness unlocks a life of endless potential, giving you the strength to take charge, make meaningful choices, and live on your terms.

At Opulent Wellness South Africa, we celebrate the profound synergy between humanity and nature. Every product is a testament to this harmony, designed to boost immunity, uplift the spirit, and nourish your body with the pure intelligence of natural ingredients. Sustainably sourced and meticulously curated, our range empowers you to thrive in a modern world while honouring the timeless wisdom of nature.

Join us in creating a world of wellness where everyone can embrace their vitality, explore their potential, and shine. With wellness, you can. We all can. Thrive.

A woman with long, wavy blonde hair is lying down, wearing a dark grey or black blazer. She is looking upwards and to the left with a slight smile. The word "LUMINANCE" is overlaid in a gold, serif font across the center of the image.

LUMINANCE



WHEY PROTEIN

# PROTEIN & CREATINE COMBO



Creatine is known for the energy supply to muscles. May assist with muscle mass. Studies suggest creatine may assist with neurological and cognitive function. Protein is essential for building and repairing tissue and muscle tissue.

## INGREDIENTS

Whey Protein Concentrate Creatine Monohydrate, Full Cream Milk Powder Colouring, Flavouring, Sweetener



NIGHT TIME RECOVERY

# SLEEP & SHRED



May support night time recovery & promotes sleep.

Boosting and optimizing the metabolism which encourages excess visceral fat

## INGREDIENTS

Ashwaganda, Tryptophan, Natural Amino acid, Hydroxytyrosin, L- Theanine, Zinc, Magnesium and other natural ingredients.



## 9 LUXE BOTANICAL OILS

# LUXE HAIR AND BODY OIL

Indulge in the ultimate self-care with Luxe Hair and Body Oil. This multi-purpose elixir is enriched with nourishing botanicals and essential oils, designed to hydrate and revitalize both hair and skin. Lightweight and fast-absorbing, it leaves a luminous, non-greasy finish while restoring moisture and softness. Perfect for taming frizz, adding shine to your locks, or giving your skin a radiant, healthy glow. Treat yourself to the luxurious feel of Luxe Hair and Body Oil—because you deserve nothing less than brilliance from head to toe.

## INGREDIENTS

Fractionated Coconut Oil, Sunflower Oil, Castor Oil, Sweet Almond Oil, Macadamia Nut Oil, Argan Oil, Squalane, Dimethicone, Vitamin E, Fragrance





SILK

# REFINING LIFTING CORRECTOR



Reveal your skin's true potential with Slik Refining Lifting Corrector. This advanced formula is crafted to smooth, lift, and refine the skin's appearance, targeting fine lines, wrinkles, and uneven texture. Lightweight yet potent, it delivers deep hydration while enhancing elasticity and firmness for a visibly youthful glow. Perfect for all skin types, Slik Refining Lifting Corrector is your go-to solution for a flawless, sculpted complexion that radiates confidence.



## INGREDIENTS

Water, Glycerine, MCT Oil, BTMS-25, Vitamin E, Argireline, Matrixyl, Broadbased Preservative

MEAL REPLACEMENT

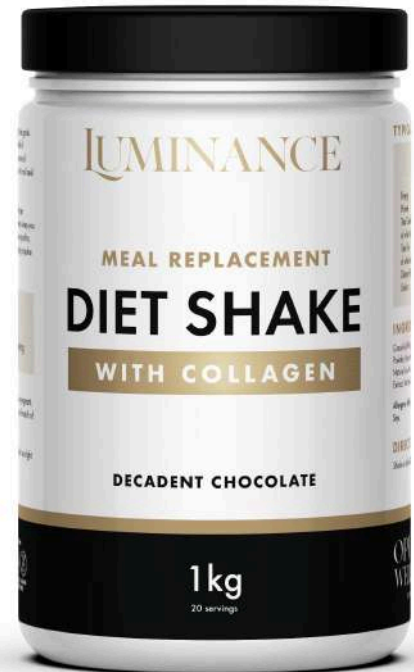
# DIET SHAKE

WITH COLLAGEN

Our shake is an advanced approach to assisting with weight loss goals and protecting skin against ageing. A scientifically formulated blend of grass-fed collagen peptides (5g per serving) reduces the appearance of wrinkles, improves skin hydration, decreases cellulite, and assists with nail and hair growth.

## INGREDIENTS

Grass-Fed Whey Concentrate, Soya Protein Isolate, Grass Fed Collagen, MCT Oil Powder, Maca Root, Natural Low GI Sweetener Blend (Erythritol, Fructose, Stevia Leaf) Ashwagandha Extract, Xanthan Gum, Garcinia Cambogia, Green Tea Extract.





VANILLA

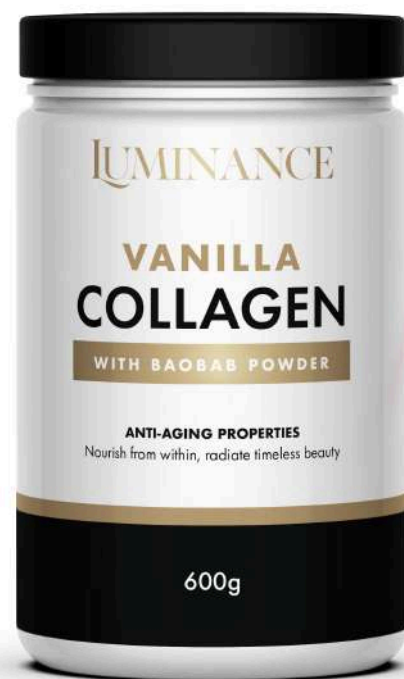
# COLLAGEN

WITH BAOBAB POWDER

Our Collagen contains 100% pure collagen peptides composed of type 1 and type 3. Skin tissue, as well as hair, nails, and joints, all need collagen to remain glowing and healthy. Collagen provides high-quality, grass-fed, bioactive collagen to help you maintain a natural glow and youthful appearance. Baobab, known as the king of superfood and the fruit of Africa's "tree of life," is almost 50% fibre (two-thirds soluble and one-third insoluble, making it a powerful prebiotic) and contains more antioxidants than any other whole fruit.

## INGREDIENTS

Grass Fed Hydrolyzed Collagen, Baobab Powder.



## METABOLISM & WEIGHT BALANCE SUPPORT FORMULA

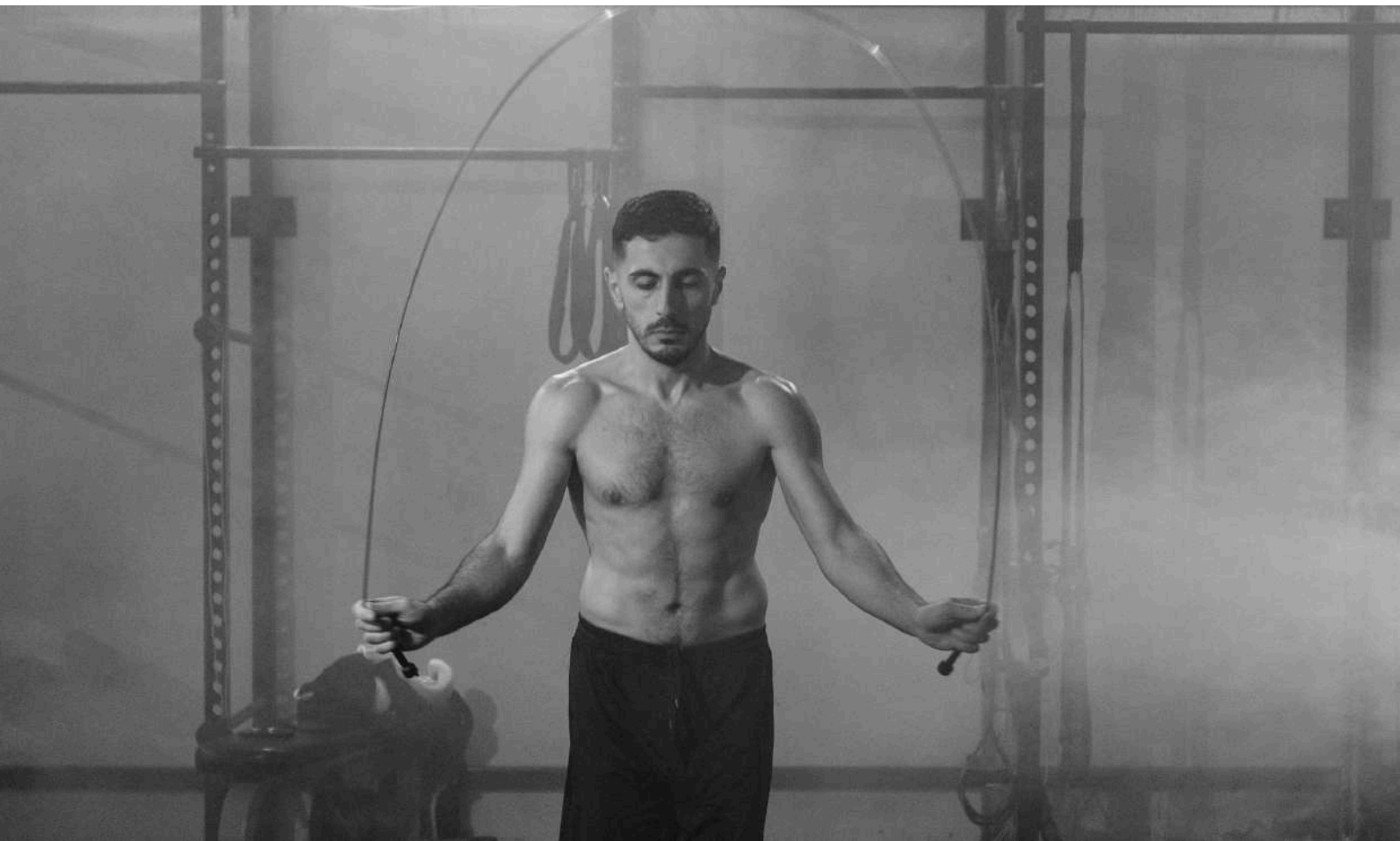
# WEIGHT LOSS

## & SLIMMING TABLETS

The Weight Loss Slimming Support is a blend of powerful botanical extracts designed to support your metabolism and help with weight management. This formula combines the benefits of thermogenic herbs and essential nutrients to assist in healthy fat metabolism, energy production, and water retention.

### INGREDIENTS

Coleus Forskohlii, Coffee Arabica L 45%, Green Tea Extract, Yerba Mate (As Ilex Paraguariensis Leaf), Citrus Aurantium, Chromium Polynicotinate 12%, Pyridoxine, Caffeine HCL



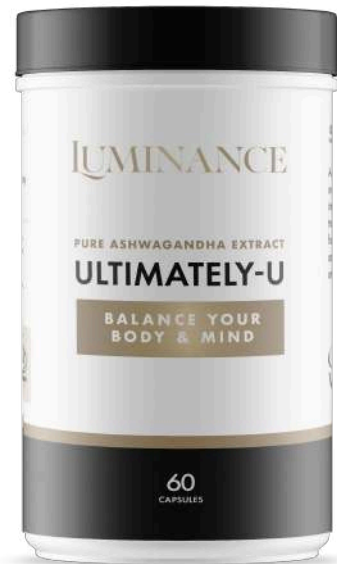
**BALANCE YOUR BODY & MIND**

# ULTIMATELY-U

Ashwagandha, a key herb in Ayurveda, has been used for over 3,000 years to relieve stress, boost virility, and improve concentration. It's valued in both Ayurvedic and traditional Chinese medicine for its calming effects, support for immune health, and ability to balance cortisol. Known as a top adaptogen, it promotes relaxation, mental clarity, and purity.

## INGREDIENTS

Ashaganda root extract (withania somnifera), veggie capsule





FREE FORM & WHOLE FOOD VITAMIN C

# IMMUNO-5

WITH ZINC & D3



A combined dose of natural vitamin C found in rosehips and beetroot extract provides the most bioavailable form of vitamin C. Added to this is a free-form vitamin C, which helps provide a full spectrum of antioxidant effects. Also included is pelargonium, an African herb known for its antiviral and antibacterial properties, particularly in the upper respiratory tract.

Zinc and vitamin D, taken daily, are crucial for the proper functioning of the immune system.

## INGREDIENTS

Rosehips Powder, Beet Root Powder, Dextrose, Ascorbic Acid, Malic Acid, Bicarb of Soda, Red Beet Powder, Pelargonium Powder, Zinc Magnesium Aspartate, Stevia Leaf Powder Vitamin D3



**SUPER ANTIOXIDANT**

# **VERY BERRY TART CHERRY FRANKINCENSE**



Our super antioxidant includes "superfoods" like tart cherries and frankincense, which offer multiple health benefits. Tart cherries, rich in polyphenols, may help lower blood pressure, regulate blood sugar, enhance cognitive function, reduce oxidative stress, and support muscle recovery. Frankincense is thought to reduce inflammation, relieve arthritis symptoms, improve gut and oral health, and may even have anti-cancer properties.

## **INGREDIENTS**

Tart Cherry, Frankincense, Bilberry, Black Currant, Cranberry and Raspberry Extracts.





LUXURIOUS

# BODY SHIMMER

CALL ME ROSE

Embrace your inner glow with Call Me Rose Body Shimmer. This enchanting formula features a soft, rosy shimmer that enhances your natural radiance with a delicate blush of light. Lightweight and effortlessly blendable, it leaves your skin feeling silky and hydrated, perfect for all skin tones. Whether for a romantic evening or a fresh daytime glow, Call Me Rose delivers an elegant, feminine touch that leaves you shining with timeless beauty.

## INGREDIENTS

Fractionated Coconut Oil, Oliwax LC, Isododecane, Glitter Particles, Vitamin E, Fragrance





LUXURIOUS

# BODY SHIMMER

GOLD BABY



Glow like never before with Gold Baby Body Shimmer. Infused with gold flakes, this luxurious shimmer is designed to illuminate your skin with a radiant, golden glow. Lightweight and silky smooth, it effortlessly enhances all skin tones while leaving your skin hydrated and soft to the touch. Perfect for any occasion, Gold Baby adds a touch of glamour to your look, ensuring you sparkle with confidence and sophistication. Get ready to shine bright like pure gold!

## INGREDIENTS

Fractionated Coconut Oil, Oliwax LC, Isododecane, Glitter Particles, Vitamin E, Fragrance



## FACIAL PADS

# DETOX & PURIFYING

ALPHA / BETA HYDROXY

Revitalize your skin with Detox & Purifying Facial Pads. These pre-soaked pads are expertly formulated to cleanse deeply, unclog pores, and remove impurities, leaving your skin feeling refreshed and rejuvenated. Enriched with detoxifying ingredients and gentle exfoliants, they help balance oil production, reduce breakouts, and promote a smoother, clearer complexion. Perfect for daily use, these pads are your go-to solution for maintaining radiant, purified skin that glows with health.

## INGREDIENTS

Water, Butylene Glycol, Witch Hazel, Salicylic Acid, Glycolic Acid, Lactic Acid, Willow Bark Extract, Sorbitol, Bakuchiol, Polysorbate 20, Sodium PCA, Allantoin, Fragrance.





# BLUSH BERRY





**NINE - FIVE**

# MULTIVITAMIN

YOUR DAILY DOSE OF VITALITY

Our Daily Multivitamin is a comprehensive blend of essential vitamins and minerals designed to support overall health and wellness. Formulated to provide key nutrients that may be missing from your diet, this supplement promotes immune health, energy production, and mental clarity for a healthy, vibrant lifestyle.

## INGREDIENTS

Vitamin A – Retinoic Acid, Vitamin B1 – Thiamine, Vitamin B2 – Riboflavin, Vitamin B3 – Niacin, Vitamin B5 – Pantothenic Acid, Vitamin B6 – Pyridoxine, Vitamin B7 – Biotin, Vitamin B9 – Folate, Vitamin B12 – Cyanocobalamin, Vitamin C – Ascorbic Acid, Vitamin D3 – Cholecalciferol, Vitamin E – Tocopherol, Inulin (Prebiotic)



## ULTIMATE GROWTH & RECOVERY

# HAIR BOMB

Hair Bomb is indicated for men and women who suffer from hair loss due to behavioural and nutritional factors which include stress, unbalanced diet and certain medications.

- Decreases hair fall and hair thinning
- Nourishment of hair follicle cells
- Supports hair strength
- Boost the condition of skin, hair and nails
- Supports collagen production

## INGREDIENTS

L-Arginine, Niacin, Biotin, L-Cysteine, L-Glutamine, Methionine, Vitamin C, Zinc Citrate



## BALANCE YOUR BODY & MIND

# MELLOW CALM



Ashwagandha, a key herb in Ayurveda, has been used for over 3,000 years to relieve stress, boost virility, and improve concentration. It's valued in both Ayurvedic and traditional Chinese medicine for its calming effects, support for immune health, and ability to balance cortisol. Known as a top adaptogen, it promotes relaxation, mental clarity, and purity.

## INGREDIENTS

Ashaganda root extract (*withania somnifera*), veggie capsule





**STRAWBERRY**

# ELIXIR

## NUTRITIONAL SUPERFOOD SHAKE

Our Elixir superfood is a complete, high-fat, high-protein, low-GI carb meal replacement packed with 44 essential nutrients. It delivers all the vitamins, minerals, amino acids, omega oils, antioxidants, and protein your body needs for sustained energy, improved concentration, and better immunity.

### INGREDIENTS

Protein Blend (including Amino Acid Blend), Carbohydrates (including Fructose), Fats (including Saturated, Mono Unsaturated, Poly Unsaturated, Omega-3, and Omega-6 Fatty Acids), Fiber (including FOS Prebiotics), Lecithin, Vitamins and Minerals (Biotin, Vitamins A, B1, B2, B6, B12, C, D3, E, Folic Acid, Pantothenic Acid, Nicotinamide, Calcium, Chromium, Copper, Iron, Iodine, Magnesium, Manganese, Phosphorus, Potassium, Selenium, Zinc), Colostrum, Spirulina, Digestive Enzyme Blend



**+ COLLAGEN**

# SHAKE IT OFF

WITH ANTI-AGING PROPERTIES



Our shake is an advanced approach to assisting with weight loss goals and protecting skin against ageing. A scientifically formulated blend of grass-fed collagen peptides (5g per serving) reduces the appearance of wrinkles, improves skin hydration, decreases cellulite, and assists with nail and hair growth.

## INGREDIENTS

Grass-Fed Whey Concentrate, Soya Protein Isolate, Grass Fed Collagen, MCT Oil Powder, Maca Root, Natural Low GI Sweetener Blend (Erythritol, Fructose, Stevia Leaf) Ashwagandha Extract, Xanthan Gum, Garcinia Cambogia, Green Tea Extract.



# THANKS EVE

## PMS & HORMONAL BALANCE

Our PMS & Hormonal Balance Support is a comprehensive blend of vitamins, minerals, and adaptogenic herbs formulated to promote hormonal balance, ease PMS symptoms, and support emotional well-being. This natural formula helps to regulate mood swings, reduce bloating, and alleviate discomfort associated with the menstrual cycle. Formulated to provide comfort and support for menopause-related symptoms.

### INGREDIENTS

Calcium Citrate, Vitamin B6 – Pyridoxine, Vitamin B9 – Folate, Vitamin B12 – Cyanocobalamin, Vitamin D3, Vitamin E – Tocopherol, Chromium Picolinate, Zinc Citrate, Ashwagandha, Chasteberry, Ginkgo Biloba, Peony Root, St. John's Wort, Ginger Root





# **METABOLISM & WEIGHT BALANCE SUPPORT FORMULA**

# **SUMMER READY SLIMMING**

The Weight Loss Slimming Support is a blend of powerful botanical extracts designed to support your metabolism and help with weight management. This formula combines the benefits of thermogenic herbs and essential nutrients to assist in healthy fat metabolism, energy production, and water retention.

## **INGREDIENTS**

Coleus Forskohlii, Coffee Arabica L 45%, Green Tea Extract, Yerba Mate (As Ilex Paragueriensis Leaf), Citrus Aurantium, Chromium Polynicotinate 12%, Pyridoxine, Caffeine HCL



**SUPER ANTIOXIDANT**

# **BERRY & FRANKINCENSE**



Our super antioxidant includes "superfoods" like tart cherries and frankincense, which offer multiple health benefits. Tart cherries, rich in polyphenols, may help lower blood pressure, regulate blood sugar, enhance cognitive function, reduce oxidative stress, and support muscle recovery. Frankincense is thought to reduce inflammation, relieve arthritis symptoms, improve gut and oral health, and may even have anti-cancer properties.

## **INGREDIENTS**

Tart Cherry, Frankincense, Bilberry, Black Currant, Cranberry and Raspberry Extracts.



**TURKISH NIGHTS**

# **CALMING SHAKE**

Calm yourself in a busy environment with the natural calming shake.

Unwind before bed time.

**MORE INFO COMING SOON**





**FRENCH GREEN KAOLIN CLAY**

# **POWDER TO CLAY TO FOAM**

Transform your skincare routine with this multi-action face mask. Powered by French green clay, it deeply detoxifies and draws out impurities while leaving your skin feeling refreshed. Enriched with nourishing botanical plant oils and antioxidant-rich vitamin E, it hydrates and protects your skin barrier. Antibacterial essential oils work to combat blemishes and promote a clearer complexion. Simply mix the powder with water to create a luxurious clay mask that foams upon rinsing, unveiling clean, smooth, and revitalized skin. Perfect for all skin types in need of a detoxifying boost.

## **INGREDIENTS**

Corn Starch, French Green kaolin clay, Sodium Cocoyl Glycinate, Xanthan gum, Mixed tocopherols (Vitamin E), Castor Oil, Coconut Oil, Fragrance



**SKIN SUPPORT**

# **SKIN BEAUTY**

Enhance your natural glow with our skin support, crafted to support radiant, healthy-looking skin. Our Skin Beauty helps you feel confident and luminous every day. Perfect for anyone seeking an effortless addition to their beauty routine.



INTIMATE CARE & PROTECT CARE

# THANKS EVE



Keep fresh and confident with Thanks Eve Intimate Care & Protect. This pH-balanced formula gently cleanses, soothes, and protects your intimate area while maintaining natural moisture. Safe for daily use and sensitive skin, it's your perfect companion for all-day freshness.

MORE INFO COMING SOON





## FACIAL PADS

# ACNE SKIN SMOOTHING

Achieve clearer, smoother skin with Acne Skin Smoothing Facial Pads. These pre-soaked pads are specially formulated to gently exfoliate, unclog pores, and reduce acne while soothing irritated skin. Enriched with a blend of effective active ingredients and calming agents, they help refine texture, minimize breakouts, and promote a balanced complexion. Perfect for daily use, these facial pads are your go-to solution for visibly healthier, glowing skin.

## INGREDIENTS

Water, Allantoin, Fision Pentafruit V, Sodium hyaluronate, Preservatives



**WITH SHIMMER**

# **BRONZE BUTTER BALM**

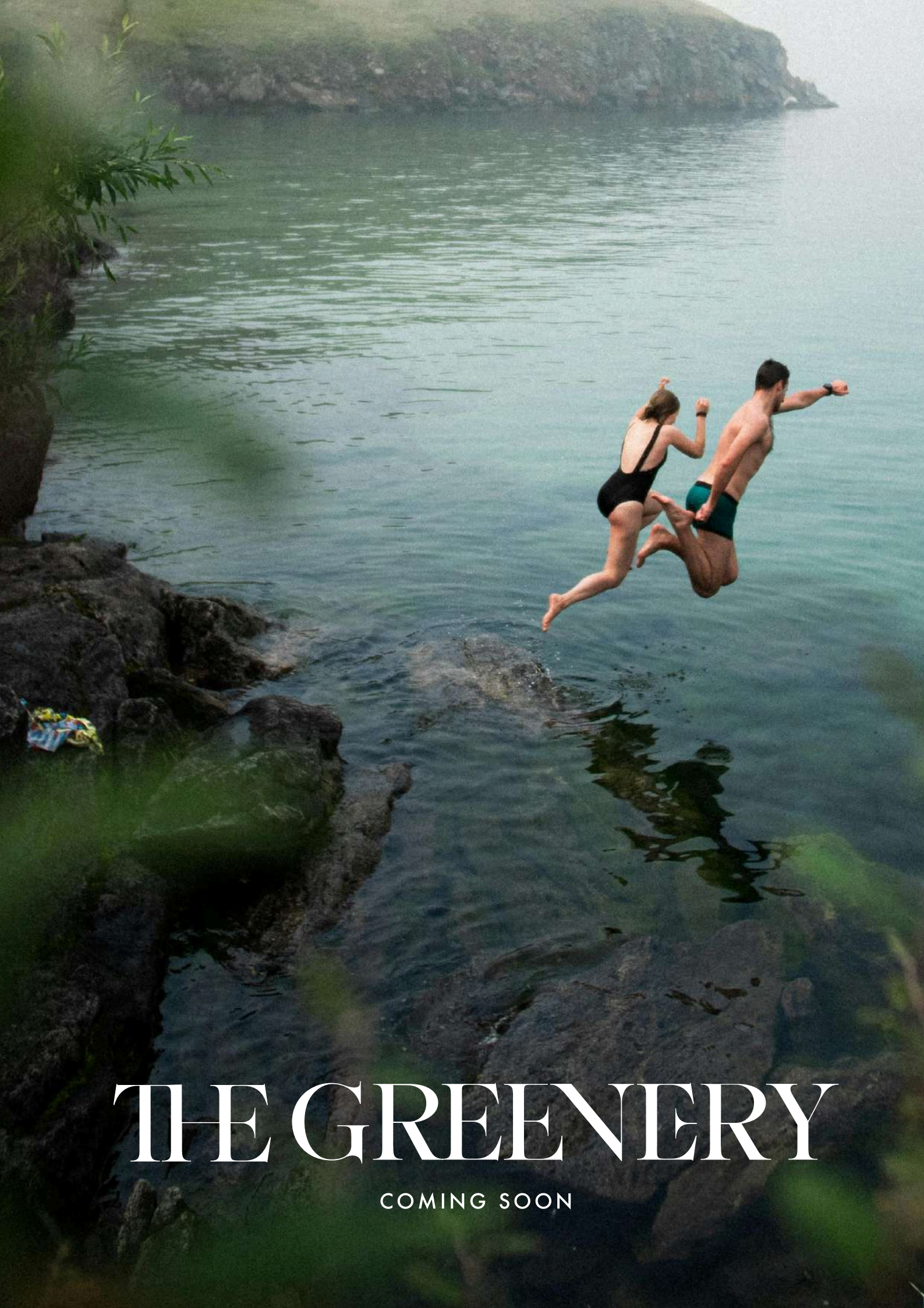


Unveil a sun-kissed glow with Bronze Butter Balm. This rich, creamy balm melts effortlessly into the skin, delivering deep hydration while leaving behind a radiant bronze sheen. Perfect for enhancing your natural glow or adding a touch of warmth to your look, it's enriched with nourishing ingredients to keep your skin soft, smooth, and luminous. Ideal for all skin tones, Bronze Butter Balm is your ultimate companion for that bronzed, dewy finish.

**MORE INFO COMING SOON**







# THE GREENERY

COMING SOON



COFFEE & CREAM

# COLLAGEN

Our Collagen contains 100% pure collagen peptides composed of type 1 and type 3. Skin tissue, as well as hair, nails, and joints, all need collagen to remain glowing and healthy. Collagen provides high-quality, grass-fed, bioactive collagen to help you maintain a natural glow and youthful appearance. Baobab, known as the king of superfood and the fruit of Africa's "tree of life," is almost 50% fibre (two-thirds soluble and one-third insoluble, making it a powerful prebiotic) and contains more antioxidants than any other whole fruit.

## INGREDIENTS

Grass Fed Hydrolyzed Collagen, Baobab Powder.



**ULTIMATE GROWTH & RECOVERY**

# **SPRING TIME HAIR GROWTH**

Spring Tome Hair Growth is indicated for men and women who suffer from hair loss due to behavioural and nutritional factors which include stress, unbalanced diet and certain medications.

- Decreases hair fall and hair thinning
- Nourishment of hair follicle cells
- Supports hair strength
- Boost the condition of skin, hair and nails
- Supports collagen production

## **INGREDIENTS**

L-Arginine, Niacin, Biotin, L-Cysteine, L-Glutamine, Methionine, Vitamin C, Zinc Citrate





NIACINAMIDE, VITAMIN D3, ZINC

# JOJOBA FACIAL SMOOTHING OIL

Experience ultimate skin nourishment with our Jojoba Facial Smoothing Oil, infused with Niacinamide, Vitamin D3, Zinc, and the pure essence of Jojoba. This luxurious oil is designed to smooth and hydrate, leaving your skin feeling soft, balanced, and radiant. Encased in a chic frosted white bottle, this 100ml blend is your daily dose of skin-loving care.



MORE INFO COMING SOON





CASTOR OIL, FRANKINCENSE EXTRACT & ROSEHIP OIL

# ORGANIC ANTI-AGING OIL

7x powerful oils to enhance the skin  
Anti ageing, anti inflammatory, smoothing

MORE INFO COMING SOON



HYALURONIC ACID, CERAMIDES & VITAMIN A

# MANGO BUTTER NECK LIFTING & FIRMING SERUM

Revitalize and redefine with our Mango Butter Neck Lifting & Firming Serum. Enriched with Hyaluronic Acid, Mango Butter, Ceramides, and Vitamin A, this serum deeply hydrates and nourishes the delicate neck area. Experience improved firmness, smoother texture, and a youthful glow with every application.

MORE INFO COMING SOON



# OPULENT WELLNESS

SOUTH AFRICA

Elevate your health and wellness with the Luminance range,  
backed by science.

[www.opulentwellness.co.za](http://www.opulentwellness.co.za) | [www.suzette.net.za](http://www.suzette.net.za)  
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